

Feast by Firelight: Simple Recipes for Camping, Cabins, and the Great Outdoors [A Cookbook]

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A transporting, lushly photographed book with easy-to-prepare recipes for gatherings at campgrounds and cabins alike.

Feast by Firelight offers solution-oriented recipes that make cooking outdoors feel effortless and downright fun and it shows how to utilize clever cooking methods, prep food at home, and pack smart. The book includes recipes for camp cooking as well as detailed menus, shopping and equipment lists, and tips showing how to prepare before you leave. Featuring 70 accessible recipes, it is the first of its kind in the outdoor-cooking niche to pair useful information with evocative photography of finished dishes and useful illustrations (such as how to pack a cooler and how to build a fire), setting a new standard for camping cookbooks.

EMMA FRISCH is the cofounder and culinary director of a premier glamping destination in the U.S., Firelight Camps, featured in Vogue, Travel Channel, Wall Street Journal, and Martha Stewart. She was a top finalist on Food Network Star season 10, and lives in Ithaca, New York. I go into the wild to still the noise inside my mind. I feel as if I've come alive when pockets of evergreen perfume drift inside my nose and the soft murmur of creeks trickle into my ears. Being outdoors heightens the senses in every way, cultivating an ideal mind-set for cooking.

Humans have always relied on sensory cues for making meals, and written recipes are no exception. Dishes need to be understood not just with taste but also with sight, scent, sound, and touch. When I competed on Food Network Star, I showed an audience of four hundred people how to massage cabbage for a slaw. Wiggling my fingers in the air, I said, "Don't forget your most important tool!" The judges loved it, because they knew it was true.

Cooking outdoors is an opportunity to fine-tune our senses, a practice easily lost when we judge grilled chicken from an image in a book or on a screen. A Dutch oven and timer are helpful but it's the smell of toasted, sweet kernels that slaps me in the face, telling me the cornbread is ready. We're built with tools as equally important as pots and pans, and there's hardly a better time to use these gifts than when we're in nature.

Other Books

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