

# The Good Food Of Italy: Region By Region

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Provides recipes for the best traditional dishes of each of eighteen Italian regions, and discusses each area's history and culture

Roden is the author of several cookbooks on Mediterranean cuisines; her guide to Italian regional cooking grew out of a London Sunday Times series. There are other good cookbooks in this area, but Roden includes a number of unusual dishes and creates as much a travel book as a recipe collection. Lengthy introductions to each region include historical background and discussions of local ingredients, including wines; headnotes provide more details about the provenance of individual recipes. Recommended. BOMC alternate.

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Rick Steves Italy for Food Lovers, Sip, savor, and get the most out of every bite with Rick Steves! With this fun and practical guide to eating well in Italy, you'll: Indulge in the best of Italy's cuisine, from tantalizing antipasti and saucy pastas to luxurious gelato Get a taste of the coffee culture and vibrant wine scene Discover what to eat where with food and wine specialties from the country's 20 regions Find lists of Rick's favorite restaurants in every region Follow Rick's tips to find restaurants for any budget, smartly navigate the menu, and decipher the check Hurdle the language barrier with the ultimate Italian food glossary Enjoy full-color, inspiring photos throughout Commemorate your culinary adventures with a foldout souvenir poster map Rick Steves and co-author Fred Plotkin have devoted decades to traveling through Italy. In this book, they pass along those lessons to you. Appreciate good food the way Italians do with Rick Steves Italy for Food Lovers.

“ . . . A campanilista will tell you that the pasta typical of his town is the best in Italy, and certainly better than the (essentially identical) one from the next town over. Within the region of Emilia-Romagna, the cities of Parma and . . .”