

Prozac Nation

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"A book that became a cultural touchstone." -- The New Yorker

Elizabeth Wurtzel writes with her finger in the faint pulse of an overdiagnosed generation whose ruling icons are Kurt Cobain, Xanax, and pierced tongues. In this famous memoir of her bouts with depression and skirmishes with drugs, *Prozac Nation* is a witty and sharp account of the psychopharmacology of an era for readers of *Girl, Interrupted* and Sylvia Plath's *The Bell Jar*.

Elizabeth Wurtzel writes with her finger in the faint pulse of a generation whose ruling icons are Kurt Cobain, Xanax, and pierced tongues. A memoir of her bouts with depression and skirmishes with drugs, *Prozac Nation* still manages to be a witty and sharp account of the psychopharmacology of an era. Elizabeth Wurtzel is the author of bestselling books including *Prozac Nation*, *Bitch*, and *More, Now, Again*. A Harvard and Yale Law School graduate whose work has appeared in such publications as *The New Yorker*, *New York*, *The Guardian*, and *The Oxford American*, she lives in New York City.

Other Books

The Adderall Diaries. In the spring of 2007, a brilliant computer programmer named Hans Reiser stands accused of murdering his estranged wife, Nina. Despite a mountain of circumstantial evidence against him, he proclaims his innocence. The case takes a twist when Nina's former lover, and Hans's former best friend, Sean Sturgeon, confesses to eight unrelated murders that no one has ever heard of. At the time of Sturgeon's confession, Stephen Elliot is paralyzed by writer's block, in the thrall of Adderall dependency, and despondent over the state of his romantic life. But he is fascinated by Sturgeon, whose path he has often crossed in San Francisco's underground S&M scene. What kind of person, he wonders, confesses to a murder he likely did not commit? One answer is, perhaps, a man like Elliott's own father. So begins a riveting journey through a neon landscape of false confessions, self-medication, and torturous sex. Set against the backdrop of a nation at war, in the declining years of the Silicon Valley tech boom and the dawn of Paris Hilton's celebrity, *The Adderall Diaries* is at once a gripping account of a murder trial and a scorching investigation of the self. Tough, tender, and unflinchingly honest, it is the breakout book by one of the most daring writers of his generation.

❓ ❓ ❓ ❓ ❓ . *Prozac Nation* offered hope for people with depression; they weren't alone with their bottle of pills. *More, Now, Again* destroyed that premise. It turned out the pills didn't work after all. Like *Prozac Nation*, it also ended on a hopeful ..."