

# Emily Post's Table Manners for Kids

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- >> Which fork do I use?
- >> How do you use chopsticks?
- >> Is it okay to answer my cell phone during dinner?
- >> What is the polite way to eat spaghetti?

These and other important questions are answered in this handy guide to eating without grossing people out. Pretty much everything you need to know to get you through any meal is here—from table settings, to eating tricky foods, to holding up your end of a dinner conversation.

Written by two codirectors of The Emily Post Institute, the most trusted name in etiquette, Emily Post's Table Manners for Kids isn't just for fancy parties and dinner at your grandmother's house. It's got basic information you can use every day to improve your social life.

Cindy Post Senning, Ed.D., codirector of The Emily Post Institute, Inc., developed a training program for etiquette educators and conducts children's etiquette workshops across the U.S. and overseas. Cindy is the coauthor of all the Emily Post children's books, with her sister-in-law, Peggy Post.

Steve Bjorkman has illustrated nearly one hundred picture books, including the New York Times bestseller *Dirt on My Shirt* by Jeff Foxworthy. He has also sold millions of greeting cards through Recycled Paper Greetings with his brother, Carl. Steve lives with his wife in Irvine, California.

Peggy Post, Emily Post's great-granddaughter-in-law, is a director of The Emily Post Institute and the author of more than a dozen books. Peggy writes a monthly column in *Good Housekeeping* and an online wedding etiquette column for the *New York Times*. This helpful book opens with an apt quote from twentieth-century etiquette doyenne Emily Post (three generations up the family tree from the current authors): the purpose of table manners is "to avoid ugliness." With that ruling principle in place, the writers get down to specifics in chapters on everyday table manners, special meals, table settings, tricky situations, meals as social events, and the host's responsibilities. Rules are given with reasons rather than rigidity, which should make them easier to follow, and with the caveat that in certain circumstances (when choking, for example), diners should throw manners to the wind. Adding touches of wit, Bjorkman's deft line drawings will appeal to middle-school students as well as younger children. Though perhaps most likely to be checked out by parents, this clearly written book offers practical advice that will help young people to feel more comfortable when dining with others and, of course, to avoid disgusting their companions. Grades 4-8. --Carolyn Phelan

Other Books

Emily Post's Everyday Etiquette. "If you've ever worried about your table manners, the correct way to handle an introduction, how to write a thank-you note or answer an invitation, then this is the book for you. In question-and-answer format, Peggy Post, America's foremost etiquette in everyday life, at home and on the job." --

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