The Hidden Spirituality of Men: Ten Metaphors to Awaken the Sacred Masculine

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It is no secret that men are in trouble today. From war to ecological collapse, most of the world's critical problems stem from a distorted masculinity out of control. Yet our culture rewards the very dysfunctions responsible for those problems. To Matthew Fox, our crucial task is to open our minds to a deeper understanding of the healthy masculine than we receive from our media, culture, and religions. To awaken what Fox calls the sacred masculine," he unearths ten metaphors, or archetypes, to inspire men to pursue their higher calling to reinvent the world.

Matthew Fox was a member of the Dominican Order for 34 years. He holds a doctorate in the History and Theology of Spirituality from the Institut Catholique de Paris. He is the author of 28 books.Matthew Fox might well be the most creative, the most comprehensive, surely the most challenging religious-spiritual teacher in America." Thomas Berry, author of The Great Work

In The Hidden Spirituality of Men Matthew Fox has written a book designed to make all of us, men and women, more mindful of the spirit-streams in which we live our journeys, whether consciously or not. It is a gutsy, courageous book, one that confronts the terrible isolation in which men live with archetypal images that once nurtured, guided, and connected our ancestors and that still course within the depths of each of us. If we are to redeem our souls from the numbing banalities of our culture, we have to access spiritual values that enable us to give our lives to something worthy once more." Dr. James Hollis, Jungian analyst and author of What Matters Most: Living a More Considered Life

Every man on this planet should read this book not to mention every woman who wants to understand the struggles, often unconscious, that shape the men they know. If you want to understand what is out of whack in our culture from politics to personal life and how to heal and transform it, you'll rejoice in this book that combines the wisdom of the ages with the most forward-looking combination of feminist spirituality and contemporary psychological and philosophical reflections!"

Rabbi Michael Lerner, editor of Tikkun magazine, chair of the Network of Spiritual Progressives, and author of The Left Hand of God

A wake-up call to shake us free from old stereotypes of masculinity, this book is good news and essential reading for men and those living in a world with men. Matthew Fox, at his most enlivening and insightful, describes, arouses, and liberates archetypal forms of male spirituality so desperately needed in these leaden times. These forms for embodying the sacred strengthen the warrior and the guardian within me as well. I know no better medicine for the mounting violence in our streets and in our hearts."

Joanna Macy, author of World as Lover, World as Self

Matthew Fox, a one-of-a-kind voice, a wild man of religiosity, turns his loving heart toward emancipating modern men from an overculture that if left to itself would only use up men's blood and bones. Fox holds a different vision of the masculine as creative, voluptuous, and filled with spirit."

Clarissa Pinkola Est? s, PhD, author of Women Who Run With the Wolves and weekly columnist for the National Catholic Reporter Online (ncrcafe.org)

Once again, Matthew Fox brings his spiritual and earthly wisdom to the critical issues of our age. Fox shows how the challenges of humanity environment, conflict, and social justice are linked to the spiritual crisis faced by Western men. He demonstrates that we can start repairing our relationship with the earth and its citizens by repairing our own relationship with the sacred. The Hidden Spirituality of Men is essential reading for men who dream of becoming more effective agents of change, contributors to family and community, and warriors in the struggle to make the world a better place. Fox shows that if we wish to repair a world that faces crises of militarism, injustice, and ecological collapse, we must start with the conflicts and potential within ourselves and work outward from spiritual strength." Rex Weyler, cofounder of Greenpeace International, author of The Jesus Sayings, and coauthor of Chop Wood, Carry Water

Matthew Fox is a beacon of creative wisdom for our time! In this historic and revolutionary book, he inspires us to divinize male sexuality and exorcise the self-imposed and culturally held demons that bring violence and environmental desecration to our world." Alex Grey, artist and author of Sacred Mirrors, Transfigurations, and The Mission of Art

Matthew Fox's book is a magnificent masterpiece." Andrew Harvey, author of Son of Man and The Hope

Other Books

Gender and Christian Ethics, Provides strong theological arguments for replacing the binary understanding of gender, and for the embracing of sexual minorities.
2 2 2 2 2 . The Way of Hope: A Fresh Perspective on Sexual Identity, Same-Sex Marriage, and the Church. Grand Rapids, MI: Baker Books. Fox, Matthew (2008). The Hidden Spirituality of Men : Ten Metaphors to Awaken the Sacred Masculine ."