

Mending the Past and Healing the Future with Soul Retrieval

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This fascinating book by psychologist and medical anthropologist Alberto Villoldo, Ph.D., explains the practices for healing outside of ordinary time and space. It shows how to enter the timeless now to heal events that occurred in the past, and to correct the course of destiny. Dr. Villoldo discusses ways in which you can heal yourself and your loved ones by employing intention through practices used by shamans of the Americas-which, until now, have been inaccessible to most of the world. The shamans of old called this journeying. In this book, you'll discover that you have a four-chambered heart in the same way you have a four-chambered soul. In the first chamber, you store away the memory of a wound that derailed your destiny. In the second, you keep the limiting beliefs and soul contracts that you entered into at the time of your loss. In the third, you recover the grace and trust that will make you whole again; and in the fourth, you remember the calling and mission that you choose to unfold in this lifetime. "While everyone has a future," Villoldo says, "only certain people have a destiny." This book shows you how to find and manifest yours.

Alberto Villoldo, Ph.D., has trained as a psychologist and medical anthropologist, and has practiced yoga for more than 25 years. He has traveled to the source of India's holy rivers in the Himalayas to rediscover the wisdom of the Sadhu, India's ancient shamans. Dr. Villoldo directs The Four Winds Society, where he trains individuals in the U.S. and Europe in the practice of shamanic energy medicine. Dr. Villoldo has written numerous best-selling books, including *One Spirit Medicine: Shaman, Healer, Sage*; and *Power Up Your Brain*. Website: www.thefourwinds.com

Colette Baron-Reid is an internationally acclaimed intuition expert and host of the TV show *Messages from Spirit*. She's also a best-selling inspirational author and oracle expert published in 27 languages, a keynote speaker, a recording artist, and an entrepreneur. Colette is known for her uncanny, laser-sharp intuitive insights-she brings audiences to laughter and tears, whether they're packed auditoriums or private clients across 29 countries. She is the CEO and founder of the Invision Lab, offering advisory services for select influencers and education for coaches in her trademarked energy psychology process, *The Invision Process*®. Originally from Toronto, Colette splits her time between the U.S. and Canada with her husband, Marc, and three fluffy Pomeranians. When she's not writing books and teaching global audiences, she's riding her Harley along the seacoast. Website: www.colettebaronreid.com

Marcela Lobos has been initiated in the healing traditions of the Amazon and the Andes. She was born and raised in Chile where she worked with shamans that belong to a matriarchal society that holds the wisdom of the feminine and the passion of Mother Earth. Marcela is dedicated to helping women by crafting "rites of passage" that allow them to find their power, grace, and wisdom. She is on the faculty of The Four Winds Society. Website: www.thefourwinds.com.

Other Books

Bebas dari ketakutan,

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