

# The American Country Inn and Bed & Breakfast Cookbook, Vol. 1: More than 1,700 Crowd- Pleasing Recipes from 500 American Inns

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The best crowd-pleasing recipes from widely acclaimed country inns and bed and breakfasts in the United States are collected in this unique cookbook and travel guide. Includes over 500 inns and more than 1,700 recipes from every state.

Kitty Maynard has three grown children, a loving dog, and is coauthor of many cookbooks. She is a registered nurse and a manager in the healthcare industry.

Lucian Maynard lives in North Carolina with his wife, Kitty. He has coauthored, with his wife, The American Country Inn and Bed & Breakfast Cookbook, Volumes I and II, The Oat Bran Cookbook, and, with Theodore Duncan, The All-New Diabetic Cookbook. He, too, is a registered nurse and manager in the healthcare industry. The Maynards, who are caterers, have collected in this encyclopedic volume recipes from a dizzying number of inns and bread-and-breakfasts located throughout the United States. Brief paragraphs describe each establishment and its amenities. From a culinary viewpoint, this is, unfortunately, a rather grim recounting of every can of cream-of-mushroom soup, cream cheese-and-pimento loaf and mayonnaise-saturated creation inspired by the convenience food-crazed '60s. Some of the more insipid stomach-turners being plunked down before B & B guests include coconut coffee cake (which calls for a box of yellow cake mix, shredded coconut, crushed pineapple and a can of condensed cheddar-cheese soup) and Manhattan clam-chowder eggs (add canned, condensed Manhattan clam chowder to beaten eggs and scramble). Some serious recipes, made with real food, fare better. Muffins, fruit breads and coffee cakes receive considerable attention. Better Homes and Gardens Book Club, BOMC, Christian Herald Family Bookshelf and QPBC selections.

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Other Books

Cooper's Novels: The two admirals,

"... me in the garret, where I was favored with a straw bed under my own roof, the decent Mrs. Miller making many apologies for not having ... I can tell him that one sign of such a character is to admire a bed at an American country inn."