

# Growing Your Own Vegetables: An Encyclopedia of Country Living Guide

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Drawn from and expanded on the bestselling Encyclopedia of Country Living, this is a complete manual for setting up a vegetable garden—whether it's just a few rows of lettuce or a year-round field that produces enough for a whole family to eat. This book is informed by years of hands-on experience and the wisdom gathered from a generation of homesteaders and small farmers. Starting with planning the garden (plot size, seasonal considerations, getting the most from a small plot) and laying it out (rows, beds, plowing), this book addresses the planning and growing issues for all North American climate zones. Gardeners need to understand (and love) their soil, and the Growing Your Own Vegetables explains it in simple terms, with advice on composting and testing for contamination (so important since this is going to be your food source!). Carla Emery was a very early advocate of gardening without chemical fertilizers, so the approach here is organic all the way. The large part of the book is the crop-by-crop guide to planting, cultivating, and harvesting the delicious vegetables we love to eat: onions, leafy greens, stems and flowers (rhubarb, artichoke, broccoli), roots (spuds, radishes, jicama), grasses & grains (just imagine: your own wheat field!), legumes, gourds, and the nightshade family (that would be tomatoes, peppers, eggplant).

Carla Emery was the author of The Encyclopedia of Country Living. She passed away in 2005. Co-author of Hortus Miscellaneous, Lorene Edwards Forkner is a freelance writer and award-winning garden designer who lives in Seattle.

Other Books

Grow Giant Pumpkins, Since 1973, Storey's Country Wisdom Bulletins have offered practical, hands-on instructions designed to help readers master dozens of country living skills quickly and easily. There are now more than 170 titles in this series, and their remarkable popularity reflects the common desire of country and city dwellers alike to cultivate personal independence in everyday life.

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