

# The Chakras

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You have a number of vividly colored, blazing, coruscating whirlpools of energy that serve as your subtle psychic sense organs. C.W. Leadbeater, famous clairvoyant, makes them come authentically alive in living color with ten striking illustrations. Then, with great clarity and simplicity, he explains what each chakra means to your welfare. For you and your body are in truth a great nucleus of potential power! In print since 1927, hundreds of thousands of copies of this book have been sold. It is recognized as a classic of esoteric literature.

Paul Meier has recorded nearly fifty audio books, including The Bhagavad Gita, A Christmas Carol, The Curious Case of Benjamin Button, and Ayn Rand's famous novel Anthem. The Owner and founder of Meier Dialect Services, Paul is also the founder/director of the International Dialects of English Archive (IDEA). "This book is a manifestation of the subtle energies of the chakras. C. W. Leadbeater began that journey as a trailblazer for the rest of us. The Chakras is his treatise, an important work that shines like a beacon, letting us know how much more there is to see and learn in the subtle world."

--Anodea Judith, PhD

. author of *Wheels of Life* and *Eastern Body-Western Mind*, [www.SacredCenters.com](http://www.SacredCenters.com)

"...this republished volume adds historic depth to a spiritual practice that many people are only now discovering." --Beth Breau, ForeWord Reviews

### Other Books

*The Pursuit of Happiness*, *The Pursuit of Happiness: Between Prosperity and Adversity* looks at activities, practices, and experiences that are instrumental in changing one's level of well-being. This book focuses on the situations in which well-being is challenged, or even decreased, and explores, guided by Dialogical Self Theory, pathways that lead to its elevation. Research has suggested that there are three main determinants of well-being: genetic factors, one's individual's history, and happiness-relevant activities. The third and most promising means of altering one's happiness level are activities and practices that require some degree of effort. A surprising finding is that these personal efforts may have a happiness-boosting potential that is almost as large as the probable role of genetics, and apparently larger than the influence of one's individual history. Efforts are invested in fields of tension between prosperity and adversity. *The Pursuit of Happiness* covers a variety of topics, such as finding happiness and well-being in the face of extreme adversity, the role of honesty in genuine happiness, the promise of minimalistic life orientations, the value of inner silence, evaluating our lives from a future perspective, and the relationship between happiness, career development, counselling, and psychotherapy. This book was originally published as a special issue of the *British Journal of Guidance & Counselling*.

🔍 🔍 🔍 🔍 🔍 . Evaluation of the Mental Health Continuum - Short Form (MHC - SF) in Setswana-speaking South Africans. *Clinical Psychology and Psychotherapy*, 15(3), 181-192. ... Research methods in psychology : Evaluating a world of information ."