

# Dad Is Fat

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In *Dad is Fat*, stand-up comedian Jim Gaffigan, who's best known for his legendary riffs on Hot Pockets, bacon, manatees, and McDonald's, expresses all the joys and horrors of life with five young children—everything from cousins ("celebrities for little kids") to toddlers' communication skills ("they always sound like they have traveled by horseback for hours to deliver important news"), to the eating habits of four year olds ("there is no difference between a four year old eating a taco and throwing a taco on the floor"). *Dad is Fat* is sharply observed, explosively funny, and a cry for help from a man who has realized he and his wife are outnumbered in their own home.

JIM GAFFIGAN is a stand-up comedian and actor with numerous film, television, and stage credits. He lives in Manhattan with his wife, Jeannie, and their five children in a two-bedroom apartment. Letter to My Children

Dear Children,

I am your dad. The father of all five of you pale creatures. Given how attractive and fertile your mother is, there may be more of you by the time you read this book. If you are reading this, I am probably dead. I would assume this because I can honestly foresee no other situation where you'd be interested in anything I've done. Right now, you are actually more interested in preventing me from doing things like working, sleeping, and smiling. I'm kidding, of course. Kind of. I love you with all of my heart, but you are probably the reason I'm dead.

All right, you didn't kill me. Your mother did. She kept getting pregnant! I don't know how. Don't think about it. It will give you the willies. At one point, I was afraid she got pregnant while she was pregnant. She was so fertile I didn't even let her hold avocados. Anyway, this is a book all about what I observed being your dad when you were very young and I had some hair back in good old 2013.

So why a book? Well, since you've come into my life, you've been a constant source of entertainment while simultaneously driving me insane. I felt I had to write down my observations about you in a book. And also for money, so you could eat and continue to break things. By the way, I'm sorry I yelled so much and did that loud clapping thing with my hands. I hated when my dad would do the loud clapping thing with his hands, so every time I do the loud clapping thing, it pains me in many ways. Most of the pain is because that loud clapping thing actually hurts my hands.

You may be wondering how I wrote this book. From a very early age, you all instinctively knew I wasn't that bright of a guy. Probably from all the times you had to correct me when I couldn't read all the words in *The Cat in the Hat*. Hell, I find writing e-mails a chore. (Thank you, spell-check!) I wrote this book with the help of many people, but mostly your mother. Your mother is not only the only woman I've ever loved, but also the funniest person I know. When your mom was not in labor yelling at me, she made me laugh so hard.

Love,

Dad

P.S. How did you get that hula hoop into that restaurant Easter 2011?

Other Books

K for Kara 14: Am I Fat, Mom?, Julie invites the class to her birthday party. They are going to the pool. Afterwards, they are having pizza. Rose asks if there is anything other than pizza, because she does not want to eat unhealthy food. Kara does not understand. Rose loves pizza. And she is so skinny. And if skinny Rose thinks she is fat, is Kara fat too? "This is a book for 8-10 year-old girls. The girls will love reading about Kara and her friends. It is a friendship triangle of sorts, where three girls have to navigate the feelings you get, when you become real friends. A lovely friendship triangle about girl friends, that will resonate with 8-10-year-old girls." Lector, DBC medier. This is the fourteenth book in the series about Kara and her friends. The books can be read separately. Line Kyed Knudsen was born in Gentofte in 1971. She debuted in 2003 and since then, she has written over 50 books for children and young adults. She often writes stories about friendships between girls. She has been nominated for several awards, and in 2007 she received Gyldendal's Pippi-award. The books about Kara are inspired by her own childhood experiences as well as the experiences of her own daughter.

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