

Kids Beyond Limits: The Anat Baniel Method for Awakening the Brain and Transforming the Life of Your Child With Special Needs

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Discover the revolutionary way to harness the brain's capacity to heal itself

Supported by the latest brain research, The Anat Baniel Method uses simple, gentle movements and focus to help any child, who has been diagnosed with autism, Asperger's Syndrome, ADHD, Cerebral Palsy or other developmental disorders.

In this supportive and hands-on book, Anat Baniel guides parents through the nine essentials of the method, each one designed to harness the brain's capacity to heal itself -- with remarkable and sometimes immediate results.

By shifting the focus to connecting rather than "fixing," this powerful yet simple method helps both children and parents to de- stress, focus, and grow. Most of all, the it helps all children maximize their potential, no matter what their diagnosis.

Why did Anat Baniel write this book Kids Beyond Limits?"I wrote this book for parents and caregivers of children with special needs. In my book, I share my 30 years experience of working with children with special needs. I explain the principles and the knowledge of my work that has helped to bring about astonishing breakthroughs to thousands of children."The book teaches the Nine Essentials that are absolutely necessary to wake up the child's brain, helping it gain the information it needs to successfully organize the child's process of development in both body and mind."In my book, you get tools to access the miraculous capacity of your child's brain to change and to grow. You will discover the remarkable ability your child has to wake up and become a powerful learner. And you will marvel at the astounding speed with which he or she does it!"This practical and informative book describes how to apply Anat Baniel's Nine Essentials to deepen your understanding of what your child needs to overcome special challenges and dramatically improve his or her emotional, intellectual, and physical abilities.The book includes success stories of children with a vast range of difficult challenges--from autism, ADHD, cerebral palsy, or undiagnosed developmental delays to complex genetic conditions.Anat Baniel has established an international reputation for her work with special-needs children. Trained by Dr. Moshe Feldenkrais, a pioneer in increasing self-awareness through movement, she runs the Anat Baniel Center, a treatment facility in Marin County, California, which draws students and clients from all over the world. Visit her website at AnatBanielMethod.com.

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