

The Ultimate Sashiko Sourcebook: Patterns, Projects and Inspirations

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Sashiko, the traditional Japanese technique of needlework quilting, uses simple running stitch to create beautifully decorative patterns ideal for patchwork, quilting and embroidery. Sashiko (pronounced shash-ko) means 'stab stitch' and refers to the small running stitch that is worked to build up distinctive decorative patterns, of which there are hundreds. The book begins by exploring the origins of the technique to strengthen clothes and to make them warmer. Getting Started describes everything you need to begin stitching, including selecting suitable fabrics and threads, marking out patterns on the fabric, as well as the stitching technique itself. Ten project chapters show how easy it is to use sashiko patterns to make beautiful items for the home. The sashiko patterns are described in step-by-step detail in the pattern library, showing you exactly how to achieve each individual pattern with ease. Finally a gallery of work by contemporary Japanese textile artists provides extra inspiration.

Susan Briscoe teaches Shonai sashiko quilting workshops and has produced bag kits using the technique for Euro Japan Links. She writes and designs for patchwork and needlecraft magazines and recently published her first book 21 Terrific Patchwork Bags. Her interest in sashiko began when she was teaching English in Japan. Susan Briscoe lives in Wrexham, North Wales.

Other Books

The Quilter's Bible, An essential reference with a collection of projects to inform and inspire quilters. This book presents essential know-how—together with a wide range of inspirational projects, tips, and ideas collected from international top-name quilters. Ideal for both beginners looking for trustworthy advice in a single volume and committed quilters searching for authoritative reference on seldom-used techniques, it features over fifteen projects including cot quilts, bed quilts, lap quilts, bags, cushions, wall hangings, table mats, runners, and other beautiful projects for the home. Includes color photos and illustrations.

BEYER, Jinny The Quilter's Album of Patchwork Patterns Breckling Press, 2009
BRISCOE, Susan 21 Terrific Patchwork Bags ... Susan The Ultimate Sashiko Sourcebook David & Charles, 2005
BRISCOE, Susan Japanese Sashiko Inspirations David ..."