

Views from the Real World

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Great changes have taken place in the Quarter-century since the death of George Ivanovitch Gurdjieff, yet much of the mystery that surrounded him in his lifetime remains. This book satisfies the demand to "hear" his actual voice and direct instructions. - in the form of conversations between Gurdjieff and his pupils. That any record of these lectures exists at all is due to a few pupils who - with astonishing powers of memory and in most cases entirely without Gurdjieff's knowledge - managed to write down what they had heard afterwards, whether during the tense and difficult times of their escape from revolutionary Russia, or at the Institute for the Harmonious Development of Man near Paris, or during visits to American pupils in New York and elsewhere. To lectures of the years 1917-1933 has been added the account of a conversation with Gurdjieff known as "glimpses of Truth," written by a Moscow pupil in 1914 and mentioned by P. D. Ouspensky in *In Search Of The Miraculous*. Gurdjieff's aphorisms, formerly inscribed above the walls of the Study House at the Institute, conclude the volume.

Text: English, Russian (translation)

Other Books

The Biology of Consciousness, Kundalini is a biological actuality, a primordial energy in every human being that is capable of modifying DNA in a single lifetime. It's trans-national, trans-cultural, and, most important trans-denominational. All of which speaks to a unified cosmology of life, that we are really intertwined in so many ways, in spite of the self-imposed barriers we erect to separate us from each other and from the super-consciousness that permeates all of existence. If individuals are to achieve self-actualization during a single lifetime, Kundalini will be the gating agent for this evolutionary leap. Whether it's practicing ancient methods of meditation or newly developed methods, Kundalini is the trigger. Meditation may provide the shortest path, but there are other means of achieving the same results, including cases where individuals do absolutely nothing, but are still visited by a spontaneous Kundalini awakening. The one element all these experiences share across the board is a change in metabolism, induced by a process known as sexual sublimation, even though, in some instances, the individuals neither detect nor feel any sexual activity. Some way or other, the subject's metabolism produces a distilled form of sexual energy that gets released into the brain, activating Kundalini, which, managed correctly, restores health, stimulates creative abilities, alters negative behavior patterns, retards the aging process, and expands consciousness. Normally, human growth proceeds in a linear pattern. However, disease, environmental factors, biochemical changes can create genetic mutations, ultimately modifying DNA. Depending on the type of stimulus, these mutations are either beneficial, harmful, or neutral. Kundalini awakenings bring about major beneficial mutations in their subjects which get passed along in DNA code to the next generation. The Biology of Consciousness examines the idea (for physical scientists, the hypothesis) that consciousness exists outside the body, always has and always will. It is the driver of evolution, among other things, what Gopi Krishna termed "the evolutionary impulse."

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