

Freeing the Natural Voice

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Describes the mechanics of the voice and obstacles of spontaneous, effective vocal expression and details exercises for developing and strengthening the voice as a human and actor's instrument

Other Books

Voice and Communication Therapy for the Transgender/Gender Diverse Client, Voice and Communication Therapy for the Transgender/Gender Diverse Client: A Comprehensive Clinical Guide, Third Edition remains a must-have resource for speech-language pathologists, voice clinicians and trainers who assist transgender/gender diverse clients in aligning their communication with their gender identity. Such goals for transfeminine, transmasculine and gender diverse people are far from insurmountable given appropriate training. This third edition builds on the work of the first two editions, and meets the clinical and training needs of an even larger and better-informed core of speech language pathologists and trainers. Enhancements to this edition include significantly expanded chapters on counseling, psychotherapy, theater, non-verbal communication, singing, vocal health, medical considerations, and the historical perspectives on evidence-based research as well as a call to action to meet the needs of trans youth. Chapters cover each aspect of a communication training program, including case studies, summaries, appendices and an extensive bibliography, as well as an outline of therapy protocols and ideas for transmasculine, transfeminine and gender diverse clients. New to this edition: A new co-editor, Jack Pickering, brings a fresh perspective from extensive experience in transgender voice and communication training. A comprehensive chapter addressing research and the voice and communication needs of transmasculine individuals. A chapter focusing on the needs of trans youth, future directions in this area, and the role of SLPs with this unique population. A practical chapter on psychotherapy and the relationship between the SLP and psychotherapist/social worker and how these professionals work in tandem to help in the entire transition process. A chapter on counseling for the transgender/gender diverse client, with step by step practical information that can also be used for counseling with all populations seen by SLPs. A practical chapter on theater giving the perspectives from two transgender actresses' personal experiences, a cisgender actress/voice clinician, and a cisgender voice/theater coach/teacher. An expanded medical chapter outlining foundational information on terminology, development, endocrinology and surgeries as well as the physician's role and best practice in the transition process for each client. Updated and expanded chapters on the role of multidisciplinary considerations for the transmasculine, transfeminine and gender diverse client, and assessment of these clients, in all aspects of pitch and inflection, the art and science of resonance, non-verbal communication, and group therapy and discharge. This seminal text guides clinicians and trainers who work with the transgender/gender diverse population, in designing and administering a mindful, focused, and appropriate treatment plan. Speech-language pathologists, voice coaches, ENT physicians, professors and anyone working in the areas of voice, singing, and the vocal performing arts, will find this text to be an essential resource. Disclaimer: Please note that ancillary content (such as documents, audio, and video, etc.) may not be included as published in the original print version of this book.

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