

# Assessment in Counseling: A Guide to the Use of Psychological Assessment Procedures

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Now more user-friendly than ever, while continuing the legacy of excellence that Albert Hood and Richard Johnson began, the latest version of this best-selling text updates students and clinicians on the basic principles of psychological assessment, recent changes in assessment procedures, and the most widely used tests relevant to counseling practice today. Hays walks the reader through every stage of the assessment process and provides practical tools such as bolded key terminology; chapter pretests, summaries, and review questions; self-development and reflection activities; client case examples; practitioner perspectives illustrating assessment in action; and handy tip sheets.

More than 100 assessment instruments examining intelligence, academic aptitude and achievement, career and life planning, personal interests and values, personality, and interpersonal relationships are described. Also discussed are specialized mental health assessments for substance abuse, depression, anxiety, anger, self-injury, eating disorders, suicide risk, and attention deficit hyperactivity disorder.

Danica Hays has skillfully and thoroughly updated and broadened this textbook, which we authored through the first four editions. She has made a number of improvements to help instructors convey this information to students and we are confident that this will remain a widely used text for graduate courses and a valuable reference for professional counselors. We wholeheartedly endorse this revision. ---Albert B. Hood, EdD Professor Emeritus of Education and former Chair of the Division of Counselor Education The University of Iowa  
-Richard W. Johnson, PhD Adjunct Professor Emeritus of Counseling Psychology and former Director of Training for Couns

Assessment in Counseling is an excellent graduate-level textbook and a must read for professional counselors who select, administer, interpret, and communicate results from assessment instruments. - --Patricia B. Elmore, PhD Professor Emerita, Educational Measurement and Statistics Southern Illinois University Carbondale

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Other Books

Counselor's Guide to Clinical, Personality, and Behavioral Assessment. This combined textbook and reference guide identifies the three major types of psychological assessment--clinical, personality, and behavioral--and provides a survey of current theory and an expert review of the most commonly used assessment instruments (tests) in each area. The book concludes with three representative case studies that demonstrate the uses of various assessment instruments in practice. The text includes reviews of the seventeen most commonly used clinical, personality, and behavioral testing instruments, how to use them, and their application to the assessment process. Chapter 3 presents a workable framework to help students assimilate the DSM-IV-TR system. Three case studies in Chapter 7 demonstrate how various instruments are used as a battery to gather diagnostic and assessment information.

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