

# Psychodynamic Psychotherapy Of Borderline Patients

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No name has been more closely associated with borderline pathology than that of world-renowned psychiatrist Otto D. Kernberg. His conceptualization of borderline personality organization and his ego psychology-object relations approach have broadened the understanding of these difficult patients and pointed the way to a more successful treatment of them. This long-awaited book, based on years of clinical research by Kernberg and his associates, is the first to present his model of psychodynamic psychotherapy with borderline patients. Using abundant clinical vignettes and transcripts, the authors take the reader through the treatment—from establishing the contract through dealing with termination—always explaining the theory that underlies the technique. They describe the phases of treatment, beginning with the most primitive and moving on to working with advanced defenses and transferences. Included are guidelines on such crucial issues as dealing with countertransference, modifying technical neutrality, and handling suicide threats. With its elegant integration of theory and practice and clear explication of treatment strategies, this important book is an essential resource for both beginning and seasoned practitioners.

Otto F. Kernberg is associate chairman and medical director, The New York Hospital-Cornell Medical Center, Westchester Division; Drs. Selzer, Koenigsberg, Carr, and Appelbaum are on the faculty there. Otto F. Kernberg is associate chairman and medical director, The New York Hospital-Cornell Medical Center, Westchester Division; Drs. Selzer, Koenigsberg, Carr, and Appelbaum are on the faculty there. Otto F. Kernberg is associate chairman and medical director, The New York Hospital-Cornell Medical Center, Westchester Division; Drs. Selzer, Koenigsberg, Carr, and Appelbaum are on the faculty there. Otto F. Kernberg is associate chairman and medical director, The New York Hospital-Cornell Medical Center, Westchester Division; Drs. Selzer, Koenigsberg, Carr, and Appelbaum are on the faculty there. Otto F. Kernberg is associate chairman and medical director, The New York Hospital-Cornell Medical Center, Westchester Division; Drs. Selzer, Koenigsberg, Carr, and Appelbaum are on the faculty there.

#### Other Books

Handbook of Evidence-Based Psychodynamic Psychotherapy. The importance of conducting empirical research for the future of psychodynamics is presented in this excellent new volume. In Handbook of Evidence Based Psychodynamic Psychotherapy: Bridging the Gap Between Science and Practice, the editors provide evidence that supports this type of research for two primary reasons. The first reason concerns the current marginalization of psychodynamic work within the mental health field. Sound empirical research has the potential to affirm the important role that psychodynamic theory and treatment have in modern psychiatry and psychology. The second reason that research is crucial to the future of psychodynamic work concerns the role that systematic empirical investigations can have in developing and refining effective approaches to a variety of clinical problems. Empirical research functions as a check on subjectivity and theoretical alliances in on-going attempts to determine the approaches most helpful in working with patients clinically. Handbook of Evidence Based Psychodynamic Psychotherapy: Bridging the Gap Between Science and Practice brings together a panel of distinguished clinician-researchers who have been publishing their findings for decades. This important new book provides compelling evidence that psychodynamic psychotherapy is an effective treatment for many common psychological problems.

Journal of Psychotherapy Practice & Research, 3(1), 16-24. 70. Smith, T. E., Koenigsberg, H. W., Yeomans, F. E., & Clarkin, J. F. (1995). Predictors of dropout in psychodynamic psychotherapy of borderline personality disorder."