

# The Sanford Meisner Approach: An Actor's Workbook (A Career Development Book)

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You can now experience the same training studied by some of our finest actors, including: Robert Duvall, Joanne Woodward, Diane Keaton, Jeff Goldblum, Mary Steenburgen, Gregory Peck, Jon Voight, Eli Wallach and many others. With a foreword by Academy Award Winner and theatre legend, Horton Foote, this inspiring new book will strengthen in you the most essential and vital skills of great acting! It will lead you to a very personal way of working, as an actor who is absolutely authentic and tremendously simple - so rare in today's theatre.

The Sanford Meisner Approach: An Actor's Workbook Volume I is appropriate for any actor, from beginning student to working professional. As you experience the joy of discovery offered in each lesson, the Workbook will awaken within you a profound passion to create and a hunger to express yourself as an artist of the theatre. An Actor!

Larry Silverberg is founder and Artistic Director of the Belltown Theatre Center in Seattle, WA. He is also on staff at the University of Washington where he teaches Master Classes in the Meisner Work, while continuing his own acting career. Larry is a past winner of the Warner Bros. Filmmaker of the Year Award for his film, *Flight in Masquerade*, and has also been busy directing for the stage. Larry is a graduate of the Neighborhood Playhouse School of Theater in New York City where he studied with master acting teacher, Sanford Meisner. The term Meisner Technique is known to almost any current student of acting. Sanford Meisner, one of the founding members of The Group Theater in 1931, found fault with the internalized Stanislavsky approach that prevailed at the time. Meisner believed that by reacting to the other people on stage, an actor's performance would be more honest and, therefore, more interesting for the audience. Here, Silverberg, who was a student of the master teacher, presents a workbook for actors that will prove useful, regardless of how familiar the reader is with Meisner's methods. Silverberg's writing is concise and insightful throughout and makes the technique accessible to any committed student. However, his unbridled enthusiasm and 12 step-type rhetoric may distract some readers. Also, it should be noted that the exercises in this book are for three or more people and will hence find their best use in acting workshops. Still, given the lack of materials focusing on this important technique, this work is recommended for large theater collections in public and academic libraries. ©Douglas McClellmont, New York Copyright 1995 Reed Business Information, Inc.

#### Other Books

*Method Acting Reconsidered*, Method Acting is one of the most popular and controversial approaches to acting in the United States. It has not only shaped important schools of acting, but has been a fundamental constant of all American acting. This insightful volume explores Method Acting from a broad perspective, focusing on a point of equilibrium between the principles of the Method and its relationship to other theories of performance. David Krasner has gathered together some of the most well-known theater scholars and acting teachers to look at the Method. By concentrating on three areas of the Method - its theory, practice, and future application - the collection will serve to inform and teach us how to approach acting and acting theory in the 21st century.

“ . Much of what Auslander describes is based in the acting approaches of Sanford Meisner, an acting teacher who was well known for years in professional theatre circles. Since his death on February 2, 1997, the wider academic community is ...”