On Fear

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On Fear is a collection of Krishnamurti's most profound observations and thoughts on how fear and dependence affect our lives and prevent us from seeing our true selves. Among the many questions Krishnamurti addresses in these remarkable teachings are: How can a mind that is afraid love? And what can a mind that depends on attachment know of joy? He points out that the voice of fear makes the mind dull and insensitive, and argues that the roots of hidden fears, which limit us and from which we constantly seek escape, cannot be discovered through analysis of the past. Questioning whether the exercise of will can eliminate the debilitating effects of fear, he suggests, instead, that only a fundamental realization of the root of all fear can free our minds.

J. Krishnamurti (1895-1986) was a renowned spiritual teacher whose lectures and writings have inspired thousands. His works include On Mind and Thought, On Nature and the Environment, On Relationship, On Living and Dying, On Love and Lonliness, On Fear, and On Freedom.

Other Books

Fear for America, Fear for America is the essential guidebook to the Orwellian nightmare that is unfolding in the United States and spreading around the world. As you go through the book, you will find yourself wishing it was only satire. Established by an executive order of the Vice President in 2004, the United States Department of Fear was created to increase fear in the interest of national security. Rather than scaling back the Department as some had hoped, the Obama administration made fear a permanent fixture of American life. In 2010 the Department of Fear established a social media presence and began tweeting about their activities. Though controversial, the ③FearDept Twitter account attracted a significant following. In the wake of the NSA leaks, Department staff meticulously culled the best tweets to prove how important and persuasive they are. The result is a work that covers the entire known scope of the Department's activities.

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