## Seth Speaks: The Eternal Validity of the Soul

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One of the most powerful of the Seth Books, this essential guide to conscious living clearly and powerfully articulates the furthest reaches of human potential, and the concept that we all create our own reality according to our individual beliefs. Having withstood the test of time, it is still considered one of the most dynamic and brilliant maps of inner reality available today.

Jane Roberts (May 8, 1929 - September 5, 1984) grew up in SaratogaSprings, New York where she attended Skidmore College. Jane was aprolific writer in a variety of genres including poetry, short stories, children's literature, fiction, and non-fiction. Her internationalbestselling non-fiction books include Seth Speaks, The Nature of Personal Reality, The Nature of the Psyche, and The Individual and the Nature of Mass Events. Her enormously popular novels include The Education of Oversoul Seven, The Further Education of Oversoul Seven, and Oversoul Seven and the Museum of Time (now published as The Oversoul Seven Trilogy). Yale University Library maintains a collection of Jane's writings, journals, poetry, and audio and video recordings that were donated after her death by her husband, Robert F. Butts.

## Other Books

In Search of the Body & Soul Connection, This book is a thought provoking analysis for all of the spiritual seekers looking for answers. It's for those who are open to all the possibilities of what could be. It's about the mysteries and wonders of why we are here. The author's studies and research into spirituality and religion have led him to find common ground between them. The premise of this book is based on his interpretation and understanding of the three main aspects of spirituality; the "Body", the "Soul" and the "Link" which connects them. Part One "The Body": Explains the basic understanding of how the physical body works in conjunction with thoughts, emotions and the decision making process. He believes the first steps to a healthy and balanced lifestyle is to listen to your intuition, stop and take a breath before reacting, and understanding the life force and how it can be utilized in your daily life. Part Two "The Soul": How understanding the different aspect of your soul, which includes your inner self, is the foundation for your spiritual path. This will develop a spiritual awareness which in turn will give you the tools and opportunities to make decisions in your life with purpose. Part Three "The Link": By understanding and utilizing the many ways your body and soul communicate is the core to spiritual growth. Listening to your intuition, being self-aware, living in the present moment and making conscious choices with loving intent, is the path to health and balance. Throughout these chapters, the author provides simple techniques and exercises that can be used in your daily life to help you connect and keep you on your spiritual quest. \* The author will be donating 50% of his royalties to various charities that are in need.

2 2 2 2 . New Jersey: Humanities Press. Roberts, J. (1972). A Seth Book: Seth Speaks - The Eternal Validity of the Soul, California: Amber-Allen Publishing & New World Library. Roberts, J. (1974). A Seth Book: The Nature of Personal Reality."