

# Beyond the Birds and the Bees: Raising Sexually Whole and Holy Kids

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The Talk. It's one of the most daunting prospects parents face. Communicating the richness of Catholic teaching on sexuality in a faithful and effective way can be an overwhelming responsibility. But does it have to be so?

In this thoroughly revised version of *Beyond the Birds and the Bees*, Greg and Lisa Popcak empower you with the tools needed to move well beyond The Talk by offering a comprehensive guide to raising sexually whole and holy children. Using the riches of St. John Paul II's *Theology of the Body*, the Popcaks help you safely navigate your children from infancy through the teenage years and beyond.

This book answers the questions parents may have, including:

- >> What lessons must my children learn at each stage to develop a healthy Christian sexuality?
- >> How can I have age-appropriate conversations about sensitive issues with my children?
- >> How can I teach my children what it takes to be a true Catholic man or woman?
- >> How can I help my children have healthy, Christian dating relationships?

Gregory Popcak, Ph.D., is an internationally recognized Catholic psychotherapist and the director of the Pastoral Solutions Institute, an organization dedicated to helping Catholics around the world through telephone counseling. He has hosted two television series for EWTN, and, together with his wife, Lisa, hosts two daily call-in radio programs: *Heart, Mind and Strength* on the Ave Maria Radio Network and *Fully Alive!* on Sirius Satellite Radio's The Catholic Channel. Dr. Popcak conducts professional trainings around the world on various topics integrating faith and psychology and is the author of ten books. He lives with his wife and children in Steubenville, Ohio.

#### Other Books

The Michigan Journal,

☐ ☐ ☐ ☐ ☐ . The Far Side Observer , by Gary Larson . ( Andrews , McMeel & Parker \$ 5.95 . )  
Latest Far Side cartoons . 5. ... ONE MAN ROCK / COMEDY SHOW ON KEYBOARDS  
Featuring Music of Billy Joel , Elton John and other favorites . "