

The Child and Adolescent Psychotherapy Treatment Planner

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From the authors of the bestseller *The Complete Psychotherapy Treatment Planner* comes this exciting new resource focusing specifically on the problems encountered in treating younger patients. *The Child and Adolescent Psychotherapy Treatment Planner* enables mental health professionals to write polished, effective treatment plans that satisfy the demands of HMOs, managed care companies, third-party payers, and state and federal review agencies. Specifically designed to save clinicians hours of valuable time, provide optimum latitude in developing individualized treatment plans, and increase the measurability of objectives, this unique guidebook features:

- >> Complete coverage of 29 DSM-IV-TR and behaviorally based child and adolescent presenting problems
 - >> A step-by-step guide to treatment planning
 - >> 1,000s of prewritten treatment goals and objectives
 - >> Up to 45 specific therapeutic interventions for each disorder.
- 1,000s of well-crafted statements describing behavioral manifestations, long-term treatment goals, short-term objectives, and therapeutic interventions

An extensive list of suggested interventions from a broad range of therapeutic approaches—including cognitive, behavioral, family-oriented, dynamic, pharmacological, educational, didactic, and bibliotherapeutic

A simple but comprehensive treatment plan format that can be copied and emulated

This popular treatment planning system will enhance the quality of clinical documentation, bring heightened focus to the treatment process, and help eliminate the rejection of treatment plans by insurers and health management organizations.

Following in the footsteps of the bestselling *Complete Psychotherapy Treatment Planner*, the child and adolescent planner provides treatment planning guidelines and an array of prewritten treatment plan components (behavioral definitions, long-term goals, short objectives, therapeutic interventions, and DSM-IV diagnosis) for all major child and adolescent behavioral problems and psychological disorders. Arthur E. Jongsma, Jr., PhD, is the founder and Director of Psychological Consultants, a group private practice in Grand Rapids, Michigan. He has more than twenty years' experience with mental health treatment and, for more than a decade, has been a consultant to adolescent residential and adult chemical dependence treatment agencies.

L. MARK PETERSON, MSW, is the Clinical Supervisor for Bethany Christian Services, the Salvation Army of Grand Rapids. He has counseling experience in both inpatient and outpatient settings, working with children, couples, and families.

WILLIAM P. McINNIS, PsyD, is in private practice with Psychological Consultants. He specializes in the treatment of children, adolescents, and families.

Other Books

The Social Work and Human Services Treatment Planner, with DSM 5 Updates. This timesaving resource features: Treatment plan components for 32 behaviorally based presenting problems Over 1,000 prewritten treatment goals, objectives, and interventions—

plus space to record your own treatment plan options A step-by-step guide to writing treatment plans that meet the requirements of most insurance companies and third-party payors The Social Work and Human Services Treatment Planner provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payers, and state and federal review agencies. Saves you hours of time-consuming paperwork, yet offers the freedom to develop customized treatment plans to address clients' psychological and environmental problems and issues Organized around 32 main presenting problems, from family violence and juvenile delinquency to homelessness, chemical dependence, physical/cognitive disability, sexual abuse, and more Over 1,000 well-crafted, clear statements describe the behavioral manifestations of each relational problem, long-term goals, short-term objectives, and clinically tested treatment options Easy-to-use reference format helps locate treatment plan components by behavioral problem or DSM-5 diagnosis Includes a sample treatment plan that conforms to the requirements of most third-party payers and accrediting agencies (including TJC and NCQA)

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