In Intimate Detail: How to Choose, Wear, and Love Lingerie

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A comprehensive and accessible illustrated guide to lingerie from intimates expert Cora Harrington, founder of The Lingerie Addict, the internet's top intimate apparel blog.

While many love the idea of wearing special underthings, lingerie can be intimidating. How is it supposed to fit? How do you take care of it all? Is lingerie really for me? In this beautiful and empowering guide, lingerie expert Cora Harrington demystifies intimate apparel, making it accessible to all sizes, ages, and budgets. Covering everything from basic bras and panties to special occasion wear, shapewear, hosiery, corsets, and more, this nononsense handbook empowers you to confidently buy, wear, and care for the underpinnings of your dreams.

Cora Harrington is the founder and editor-in-chief of The Lingerie Addict, the internet's top blog dedicated to intimate apparel. Her mission is to make the intimidating world of lingerie accessible, understandable, and fun for people of all sizes, shapes, races, and gender identities. Cora's work has been featured by Teen Vogue, Racked, Cosmopolitan, and Jezebel, and she has been quoted as a lingerie expert by Allure, Bloomberg, The Wall Street Journal, The Los Angeles Times, Vogue Italia, CNN, and Forbes.INTRODUCTION

Let's be honest: lingerie is confusing. There are thousands of brands, hundreds of styles, and dozens of sizes. Even if you like the idea of lingerie, intimate apparel can be a complicated and bewildering world. What's the difference between a demi bra and a balconette? What's the point of having seams on a bra? More important, how do you find the right bra for you? Moving beyond bras, what kind of lingerie should you wear for formal occasions, your honeymoon, or even a regular workday? This book answers all that and more.

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