

Praying with the Psalms: A Year of Daily Prayers and Reflections on the Words of David

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A devotional prayer book focusing on one year with the Psalms, the most sensitive and honest words written about daily stress and daily blessings.

For the times when prayer doesn't come easily--a devotional prayer book focusing on the psalms, the most sensitive and honest words written about daily stress and daily blessing. Prayer is both our most human action and our most human language. But, as with any other language, we may find ourselves clumsy and undisciplined in our attempts at it. Praying with the Psalms can help Christians become fluent in the language of prayer, encouraging us to pray even when we don't feel like it, and to learn prayers that are both honest and right. Based on the life and words of David, the Psalms provide insightful reflections on depression, anger, frustration, fear, and insecurity, as well as joy exhilaration, triumph, and gladness. Praying with the Psalms offers daily readings to guide us in expressing to God the wide range of human emotions. Through this enriched communication with God, we are led to a deeper understanding--and a truer following--of his will.

Other Books

Psalms for Trials: Meditations on Praying the Psalms. "I hope that as you start praying the Psalms, you will feel His presence in all the things that you do and you will feel His guidance through both storms and long periods of waiting. I hope that you will see God as your life and breath instead of as your religion." The Psalms are among the most beautiful poems ever written, but sometimes they feel very far from us and our daily struggles and goals. In Psalms for Trials: Meditations on Praying the Psalms by Lindsey Tollefson, we see that the Psalms are not just pious words for the religious, but they are meant to be our prayers for every trial we face, just as they have been a comfort for generations of Christians before us, including King David and the Lord Jesus. The Psalms allow us to pour ourselves out in prayer to God and to receive the comfort that comes from the promises found in His Word. This book includes forty-four bite-sized reflections on the Psalms, each ending with concrete recommendations on how to use the Psalms in your prayers and more importantly, how to live them out. After you have read this book, your prayers will never be the same again.

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