## Expressive Drawing: A Practical Guide to Freeing the Artist Within (Live and Learn Series AARP)

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The many people who long to draw-but feel too intimidated to try-will rejoice at the wonderful first entry in this brand-new creative series. Written by arts educator Steven Aimone, it's packed with solid, friendly, hands-on instruction, as well as inspiring images, and backed by the trusted AARP name. Aimone teaches an accessible style called expressive drawing that emphasizes line and mark, rather than rendering a specific object, which for many people, can create barriers to self-expression. Exercises start off simple and quick, encouraging readers to work on instinct and feeling, while the later ones focus on detail and refinement. The book features hundreds of

images of work by well-known artists from Debuffet to Jim Dine-and each chapter includes a profile of someone who came to drawing late in life and achieved recognition.

Steven Aimone is a nationally recognized arts educator and accomplished artist. Each of his sought-after workshops encourages participants to consider drawing, painting, and design as an exciting visual language that focuses on expressing inner states of being. One of the most popular of these forms the basis for this book, focusing on elements of line and mark in drawing.

Aimone is also the author of DESIGN! A Lively Guide to Design Basics for Artists and Craftspeople (Lark Books/Sterling Publishing, 2004). He holds an MFA in drawing and painting from Brooklyn College, and has lectured at universities and in museums. Aimone's paintings, drawings, and manipulated-paper compositions have been shown in numerous solo exhibitions.

Aimone and his wife, Katherine, who wrote the artist profiles for this book, divide their time between Asheville, North Carolina, and Monhegan Island, Maine. They own and operate Aimone Art Services, offering workshops, arts writing, coaching, and critique. For more information, visit their website at www.aimoneartservices.com.

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