

Clinical Psychology (PSY 334 Introduction to Clinical Psychology)

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In language your students will understand and enjoy reading, Timothy Trull's CLINICAL PSYCHOLOGY offers a concrete and well-rounded introduction to clinical psychology. A highly respected clinician and researcher, Dr. Trull examines the rigorous research training that clinicians receive, along with the empirically supported assessment methods and interventions that clinical psychologists must understand to be successful in the field. This new edition of Trull's bestselling text covers cutting-edge trends, as well as offers enhanced coverage of culture, gender and diversity, and contemporary issues of health care. Written to inspire students thinking of pursuing careers in the field of clinical psychology, this text is a complete introduction.

Timothy J. Trull, Ph.D., is professor of psychological sciences at the University of Missouri. Dr. Trull received his Ph.D. from the University of Kentucky and completed his internship at New York Hospital Cornell Medical Center. His research interests are in the areas of diagnosis and classification of mental disorders; borderline personality disorder; substance use disorders; clinical assessment; professional issues in clinical psychology; and ambulatory assessment methods. Dr. Trull has received several awards and honors for his teaching and mentoring, including Psi Chi Professor of the Year, the Robert S. Daniels Junior Faculty Teaching Award, and most recently the MU Graduate Faculty Mentor Award. He enjoys teaching Abnormal Psychology and Introduction to Clinical Psychology; his textbook, CLINICAL PSYCHOLOGY (Wadsworth) is used in classes across the U.S. and internationally. A licensed psychologist, Dr. Trull continues to train future clinical psychologists in the assessment, prevention, and treatment of psychological disorders.

Other Books

Mindfulness and Psychotherapy, Second Edition, This practical book has given tens of thousands of clinicians and students a comprehensive introduction to mindfulness and its clinical applications. The book describes the philosophical underpinnings of mindfulness and reviews the growing body of treatment studies and neuroscientific research. Leading practitioners and researchers present clear-cut procedures for implementing mindfulness techniques and teaching them to patients experiencing depression, anxiety, chronic pain, and other problems. Also addressed are ways that mindfulness practices can increase acceptance and empathy in the therapeutic relationship. User-friendly features include illustrative case examples and practice exercises. New to This Edition *Incorporates significant empirical advances--mindfulness has become one of the most-researched areas in psychotherapy. *Most chapters extensively revised or rewritten. *Chapters on practical ethics, trauma, and addictions. *Greater emphasis on the role of acceptance and compassion in mindfulness. See also Sitting Together: Essential Skills for Mindfulness-Based Psychotherapy, by Susan M. Pollak, Thomas Pedulla, and Ronald D. Siegel, a hands-on guide to incorporating mindfulness practices into psychotherapy.

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