

Things No One Else Can Teach Us

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The rapper, spoken word artist, poet, blogger, social media influencer, and international bestselling author of *Unlearn* delivers unorthodox lessons for shifting our perceptions and learning to create silver linings from our most difficult moments.

Every one of us endures setbacks, disappointments, and failures that can incapacitate us. But we don't have to let them. Instead, we can use these events as opportunities for growth. In *Things No One Else Can Teach Us*, Humble the Poet flips the conventional script for happiness and success, showing us how our most painful experiences can be our greatest teachers.

Humble shares raw, honest stories from his own life—from his rocky start becoming a rapper to nearly going broke to being the victim of racial prejudice—to demonstrate how a change in mindset can radically alter our outlook. This shift in perspective—one that stops seeing the negative and starts seeing the lesson or positive spin—is what no one else can teach us. We must figure things out on our own, often through difficult and heartbreaking experiences.

Humble inspires us to create these silver linings ourselves, preparing us to better handle any challenges that may arise. From a breakup to going broke to losing a loved one, our hardest moments can help us flourish, but only if we recognize and seize the opportunity. By doing so, we will become more self-aware, grateful, and empowered.

Simple yet profound, Humble's message is clear. While we can't control the vagaries of life, we have the power to control how we react to them. *Things No One Else Can Teach Us* reminds us all that we have the power within us to transform the way we respond to everyday challenges and ultimately be our best selves.

HUMBLE THE POET, AKA KANWER SINGH,

is a Canadian-born rapper, spoken-word artist, poet, international bestselling author, and former elementary school teacher with a wildly popular blog of over 100,000 monthly readers. He has over 930,000 social media followers and his first book, *Unlearn*, is a *Globe & Mail* bestseller in Canada. He has performed at concerts and festivals including Lollapalooza and been featured in major media including BuzzFeed and Huffington Post. Visit him at HumbleThePoet.com.

Other Books

101 Parables of the Night : How Dreams Can Teach Us, A collection of dreams that detail how God still uses these to communicate with people today. It will help the reader to consider his or her own dreams to see how their life can be improved. God wants to communicate with us and does this in many ways. Dreams and visions are just a couple of the ways.

“ . . . something . . . Even if they are good at nothing else (as the mentally handicapped lady in the dream), there is something that is unique to each person that no one else can do as well as they can, or some quality that they exude more than . . .”