A Way Of Being

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A profound and deeply personal collection of essays by renowned psychologist Carl Rogers

The late Carl Rogers, founder of the humanistic psychology movement and father of client-centered therapy, based his life's work on his fundamental belief in the human potential for growth. A Way of Being was written in the early 1980s, near the end of Carl Rogers's career, and serves as a coda to his classic On Becoming a Person. More philosophical than his earlier writings, it traces his professional and personal development and ends with a prophetic call for a more humane future.

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2 2 2 2 . young men in the office say that they believed so and so... I said to them, "You have nothing to do with that, and it is none of your business." By the CHAIRMAN: Q. There was some talk or rumor of such a relation existing 7-A. They ..."