

Greece: The Cookbook

To Download this book in many format Visit :

<https://wocoentala.org/source1/2e6b011d22e028b38908936a08fa02ec>

Greece: The Cookbook is the definitive work on the rich and fascinating cooking of modern Greece.

Greece: The Cookbook is the first truly comprehensive bible of Greek food in English. Rapidly increasing in popularity, Greek food is simple to prepare, healthy and delicious, and, more than most other cuisines, bears all the hallmarks of the rich cultural history of the land and sea from which it is drawn. It is the original Mediterranean cuisine, where olive oil, bread, wine, figs, grapes and cheese have been staples since the beginnings of Western civilization. With hundreds of simple recipes by Vefa Alexiadou, the authoritative grand dame of Greek cookery, the book also includes information on regional specialities, local ingredients and the religious and historical significance of the dishes, and is illustrated with 230 colour photographs. Greece: The Cookbook is the definitive work on the rich and fascinating cooking of modern Greece.

Vefa Alexiadou is the leading authority on Greek cookery. A bestselling author of thirteen cookbooks in Greece, she also has her own television series and regularly writes articles for magazines and gives lectures and demonstrations on Greek recipes. She has served on the board of the Centre for the Preservation of Traditional Greek Gastronomy.

"A definitive collection of traditional Greek recipes." -Food & Wine

"Mediterranean magic... We all need a little escapism in the kitchen."-Sainsbury's magazine

"Lovely and well written... Phaidon has produced the authoritative tome on Greek cookery."-The Bookseller

"Greek cookbook writer, TV presenter and chef Vefa Alexiadou has collected hundreds of recipes from all over Greece."-The Observer

"Bulges with traditional recipes collected from all over Greece."-The Daily Telegraph magazine

"Bound to become a contemporary classic... Will have you whipping up moussaka in no time."-Thomas Cook magazine

"The book's a stunner, beautifully designed, and should give hours of pleasure of page-flicking joy and cooking pleasure to anyone who appreciates real Greek food."-Time Out

"Kleftiko, Tzatziki, Baklava... We're salivating just thinking about all those Grecian culinary delights. Bring home some Mediterranean magic to your kitchen with the self-reported 'comprehensive bible of Greek food' penned by the veteran chef."-Living North (Yorkshire)

"I really love this book and shall be spending a great deal of time this summer cooking

from its pages."-Western Morning News

"The one to bring if you are serious about getting to grips with Greek food."-Independent.ie

"Just getting to know Greek food? This book is full of simple recipes."-DomesticSluttery

"Phaidon's latest exploration in nation-specific cuisine is a rich and illuminating cook manual. Every page is dripping with colour and flavour, but also insight, a testament to the level of research put into the book."-The Essential Journal

"Truly a comprehensive book... The recipes are straight-forward and easy to prepare."-Food52

Other Books

The Foods of Greece, The Greek diet, with its abundance of vegetables, grains, legumes, fruit and small amounts of meat, is among the healthiest and most delicious of the Mediterranean cuisines. In The Foods of Greece, renowned food journalist Aglaia Kremezi shares 135 savory recipes from her homeland in a historical context, complete with 150 stunning photographs.

👉 👉 👉 👉 👉 . In The Foods of Greece, renowned food journalist Aglaia Kremezi shares 135 savory recipes from her homeland in a historical context, complete with 150 stunning photographs."