

Discipline

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In our age of instant gratification and if-it-feels-good-do-it attitudes, self-discipline is hardly a popular notion. Former missionary and beloved author Elisabeth Elliot offers her understanding of discipline and its value for modern people. Now repackaged for the next generation of Christians, *Discipline: The Glad Surrender* shows readers how to - discipline the mind, body, possessions, time, and feelings-overcome anxiety-change poor habits and attitudes-trust God in times of trial and hardship-let Christ have control in all areas of life. Elliot masterfully and gently takes readers through Scripture, personal stories, and lovely observations of the world around her in order to help them discover the understanding that our fulfillment as human beings depends on our answer to God's call to obedience. "We have come to imagine that discipleship is somehow an 'extra.' . . . Yet to be a Christian in New Testament terms is to be a disciple. There are no two ways about it."

With honesty and grace, beloved author Elisabeth Elliot guides you to a deeper understanding of discipline. It is not merely self-improvement or developing specific routines. Discipline defines the very shape of the believer's life.

This book explores areas of discipline that you may not have considered before-the disciplines of:

- body
- mind
- place (honoring others)
- time
- possessions
- work
- feelings

Being a disciple means answering yes to God's call, gladly surrendering yourself to the Master's orders. Discover how to place every aspect of your life under God's authority and find happiness and freedom there.

Elisabeth Elliot, one of the outstanding women of present-day Christianity, is the author of more than twenty books, including *Passion and Purity*, *The Journals of Jim Elliot*, and *These Strange Ashes*. Elisabeth Elliot, one of the outstanding women of present-day Christianity, is the author of more than twenty books, including *Passion and Purity*, *The Journals of Jim Elliot*, and *These Strange Ashes*. She and her husband, Lars Gren, live in Magnolia, Massachusetts.

Other Books

Listen to Me!. Are you confused by all the different parenting advice on how to discipline your child? Have you been trying a variety of different methods for years that don't really work or feel uncomfortable to use - or are you just starting out on the parenting journey and want sound information? Regardless of your situation, you might find it helpful to change the way you think about discipline altogether. Using research and knowledge, Dr Anna Martin has turned traditional methods on their head to come up with effective strategies that put listening and the well-being of children before lecturing. Whether your child is 2 or 22, the clear step-by-step methods in *Listen to Me!* are all you need to minimise

conflict in the family and encourage a secure relationship between you and your child.
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