Learning the Tarot: A Tarot Book for Beginners

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Learning the Tarot is a complete course on how to use the tarot cards for personal guidance. The 19 lessons in the course cover the basics and then move gradually into more advanced concepts. Exercises and sample responses for each lesson help you learn and practice. For simplicity, only one easy layout is used throughout the course - the Celtic Cross Spread. Learning the Tarot focuses in detail on the actual process of discovering meaning in the cards. Lessons cover topics such as how to consider one card by itself, how to look for card pairs, and how to create the "story" of a reading. A convenient reference section contains two pages of information for each card including a picture from the popular Waite deck, a description, keywords, action phrases and suggestions for cards with similar and opposite meanings.

When I first created my Learning the Tarot website in 1995, I never dreamed how much interest in the tarot I would find. People from all over the world began writing to tell me about their experiences with the course and their adventures with the cards. This response was music to my ears! I knew from my own experience that the tarot is a wonderful tool for personal guidance and inner exploration. Now I was finding out that others felt the same way too.

The tarot is a set of 78 intriguing picture cards that tend to trigger personal insights, enhance intuition and deepen awareness. My goal in Learning the Tarot is to give you the basics you need to begin working with the tarot on your own. I try to make this inner process understandable by breaking it up into a series of steps that are simple while still doing justice to the depth and beauty of the cards. I concentrate on the everyday, showing how the tarot makes real, practical sense in the modern world.

The tarot is a living system that adapts creatively to each user. Rather than rules, I offer guidelines. While reading my book, I want you to feel that you have a teacher sitting next to you who is introducing you to this special tool, but also encouraging you to go on to discover your own unique approach to the cards.

Joan Bunning received her B.A. in Social Psychology from Cornell University and has worked as a writer, editor and computer programmer. Since 1995, her "Learning the Tarot" website has helped thousands of people worldwide discover the personal value of the tarot. She lives in Virginia with her husband, two sons and two dogs.

Other Books

Learning Tarot Essentials, Paul Foster Case has inspired a whole generation of tarot students. Learning Tarot Essentials: Tarot Cards for Beginners draws on Qabalah and Golden Dawn traditions and delves deeply into the symbolism and ideas of each Major Arcana card. It also gives the cards a modern psychological slant based on pictures and occult symbolism. This wickedly useful reference tool provides a concise and readable book for both the beginning and advanced tarot student.

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