

The Joy of Not Working: A Book for the Retired, Unemployed and Overworked- 21st Century Edition

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Ernie Zelinski could change your view of the world forever.

He has taught more than 300,000 people what The Joy of Not Working is about: learning to live every part of their lives - work and play, employment, and retirement alike - to the fullest.

In this completely revised and expanded edition, you too can join the thousands of converts and learn how to thrive at both work and play.

Illustrated with eye-opening exercises, thought-provoking diagrams, and lively cartoons and quotations, The Joy of Not Working will guide you to:

- >> Be more productive at work by working less.
- >> Discover and pursue your life's passions.
- >> Gain the courage to leave your corporate job if it is draining life out of you.
- >> Pursue interesting leisure activities that make a difference in your physical, mental, and spiritual well-being.
- >> Vanquish any guilt you may have about not working long and hard hours.
- >> Be financially independent with less money. Plus, new to this edition are thirty inspiring letters from readers detailing how the book helped them improve the variety, tone, and quality of their lives.

The Joy of Not Working is a provocative, entertaining, down-to-earth, and tremendously inspiring book that will you get more joy and satisfaction out of everything you do. Ernie J. Zelinski is an international best-selling author, speaker, and prosperity life coach who inspires adventurous souls to create their own ways to live prosperous and free.

Ernie is best known as the author of the international retirement bestsellers The Joy of Not Working (over 310,000 copies sold and published in seventeen languages) and How to Retire Happy, Wild, and Free (over 390,000 copies sold and published in nine languages), two life-changing books that have helped hundreds of thousands of individuals around the world live happier and more satisfying lives.

Ernie's latest retirement book is THE JOY OF BEING RETIRED: 365 REASONS WHY RETIREMENT ROCKS -- AND WORK SUCKS! This is a GREAT GIFT BOOK FOR YOURSELF OR OTHERS ABOUT TO RETIRE.

Ernie's 15 creative works -- published in 22 languages in 29 countries -- have now sold over 1,000,000 copies worldwide.

Feature articles about Ernie and his books have appeared in major North American newspapers including USA TODAY, Oakland Tribune, Boston Herald, The Washington Post, Toronto Star, National Post, Vancouver Sun, and The Wall Street Journal.

Ernie's other latest books include the inspirational novel Look Ma, Life's Easy: How Ordinary People Attain Extraordinary Success and Remarkable Prosperity and its companion Life's Secret Handbook: Reminders for Adventurous Souls Who Want to Make A Big Difference in

This World.

Ernie speaks on the topics of early retirement, prosperity, book marketing, and creativity. The Turkish Society for Quality recently spent over \$20,000 to have Ernie speak about The Joy of Not Working to 2,000 executives and scholars attending its 17th annual convention in Istanbul. Ernie also made a keynote speech about The Joy of Not Working to 1,200 career experts at the National Career Development Association convention in Orlando, Florida in June 2017. An odd mix of amateur psychology and self-help is offered by this engineer happily and creatively unemployed for 14 years. His clear-as-a-bell message is that making the most of leisure involves knowing yourself inside and outside of work. And that, for most overworked and undersatisfied Americans, amounts to an overwhelming task. To some extent, Zelinski tames the process with a combination of humor, cartoons, quotes from the famous (and the not so), fan mail excerpts, and a host of exercises to try. Explored in depth are the nature of boredom (complaining is one sure sign), the value of work, inner passions and goals, and the potential maleficence of money. None of these thoughts are new; Abraham Maslow, for one, advocated the stages toward healthy humanity. Nor are the statistics, remarks, or observations unique. But the notion of how to enjoy free time is finally geared to a mass market. Barbara Jacobs

Other Books

Max Havelaar,

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