

# God Talks With Arjuna: The Bhagavad Gita (Self-Realization Fellowship) 2 Volume Set

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The Bhagavad Gita is India's most sacred text - the 'Hindu' Bible. Yogananda's translation and commentary brings a unique and deeply penetrating insight into this great scripture, which is widely regarded as one of the most comprehensive books available on the science and philosophy of Yoga. God Talks With Arjuna explains the Bhagavad Gita's profoundest spiritual, psychological, and metaphysical truths, long obscured by metaphor and allegory. Yogananda takes Lord Krishna's counsel to the warrior Arjuna and applies it to our everyday struggles with the human ego. Our greatest battle he explains, like Arjuna's, takes place within our own minds as we fight our doubts, fears, negative habits, self-defeating thoughts, and erroneous thinking. Appealing to scholar and general reader alike, there is no other Gita on the market as attractive, and comprehensive. Yogananda said, 'From the moment of conception to the surrender of the last breath, man has to fight in each incarnation innumerable battles: biological, hereditary, bacteriological, physiological, climatic, social, ethical, political, sociological, psychological, metaphysical - so many varieties of inner and outer conflicts. Competing for victory in every encounter are the forces of good and evil. The whole intent of the Gita is to align man's efforts on the side of dharma, or righteousness. The ultimate aim is Self-realization, the realization of man's true Self, the soul, as made in the image of God, one with the ever-existing, ever-conscious, ever-new bliss of Spirit.'

Born in India on January 5, 1893, Paramahansa Yogananda devoted his life to helping people of all races and creeds to realize and express more fully in their lives the true beauty, nobility, and divinity of the human spirit. After graduating from Calcutta University in 1915, Yogananda took formal vows as a monk of India's venerable monastic Swami Order. Two years later, he began his life's work with the founding of a how-to-live school since grown to twenty-one educational institutions throughout India where traditional academic subjects were offered together with yoga training and instruction in spiritual ideals. In 1920, he was invited to serve as India's delegate to an International Congress of Religious Liberals in Boston. His address to the Congress and subsequent lectures on the East Coast were enthusiastically received, and in 1924 he embarked on a cross-continental speaking tour. Over the next three decades, Paramahansa Yogananda contributed in far-reaching ways to a greater awareness and appreciation in the West of the spiritual wisdom of the East. In Los Angeles, he established an international headquarters for Self-Realization Fellowship, the nonsectarian religious society he had founded in 1920. Through his writings, extensive lecture tours, and the creation of Self-Realization Fellowship temples and meditation centers, he introduced hundreds of thousands of truth-seekers to the ancient science and philosophy of Yoga and its universally applicable methods of meditation. Today, the spiritual and humanitarian work begun by Paramahansa Yogananda continues under the direction of Sri Mrinalini Mata, one of his closest disciples and president of Self-Realization Fellowship/Yogoda Satsanga Society of India since 2011. In addition to publishing his writings, lectures and informal talks (including a comprehensive series of Self-Realization Fellowship Lessons for home study), the society also oversees temples, retreats, and centers around the world. A great story of the inner struggle for spiritual growth, mankind's most important but most difficult and daring quest...This is a book that one can study and cherish for a lifetime. --Yoga International

A monumental work...a masterpiece of spiritual, literary, and philosophical work. --India Post

Yogananda's commentary penetrates to the heart of the Bhagavad Gita to reveals deep spiritual and psychological truths...Classic on how to live a spiritual life. --Publishers Weekly

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